Briefly

St. Patty's Day event

The Holloman Dorm Council will host a base wide St. Patrick's Day event from 7 p.m. to 2 a.m., March 25 between buildings 452 and 457. This event is only open to Team Holloman members 18 and up. Free food and refreshments will be available. For more information, contact Senior Airman Benjamin Yost at 572-0878.

Inside

Air show 2005

Thunder roars over the basin in 23 days. Find out who will be performing at this year's main event.

page 4

Women of Merit

Find out who this week's Woman of Merit is along with a list of all the women who were nominated.

page 6

NJHS induction

Holloman Middle School inducts its newest members.

page 10

The countdown is on...

51

Days until the Operational Readiness Inspection May 14.

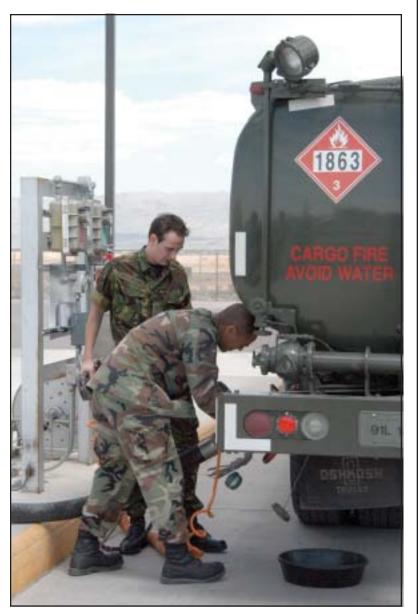


Photo by 2nd Lt. Melissa J. Stevens

Fueling the mission

Senior Aircraftsman Adam Stevens, Royal air force Mechanical Transport, and Airman 1st Class Ian Flory, 49th Logistics Readiness Squadron fuels management flight fuels technician, refill a fuel truck. The RAF is here in support of Roving Sands, a field training exercise that is the world's largest joint theater air and missile defense exercise. It provides unique training opportunities to US joint and multi-national participants in Joint Tactical Air Operations Interface operations, joint operations, air defense and joint interoperability, while simultaneously achieving unit-training objectives.

'We Own the Night'

Positive attitude + Core values = Mission Success

by Brig. Gen. Kurt Cichowski 49th Fighter Wing commander

Air Combat Command's Operational Readiness Inspection of the 49th Fighter Wing has only one objective; to inform USAF senior leadership that the 49th Fighter Wing is prepared and ready to execute "Global Combat Operations". "We Own the Night" is our mantra and was born in the early hours of January 16, 1990 when a handful of American warriors changed the nature of modern conflict. Those warriors used an untested combat capability, flew into the heart of one of the most heavily defended geographic areas on the planet and in just a few hours literally crippled the war-making capability of the world's 4th largest mili-

This historic accomplishment was no accident. It was the product of a very special team of people working for each other, and more importantly with each other to execute the orders of the President of the United States of America; despite the projected survival rate of that first combat mission using the F-117A Nighthawk being only approximately 50 percent. These are facts, the cold hard facts that every person involved in making that mission happen on the night of January

see ORI on Page 5

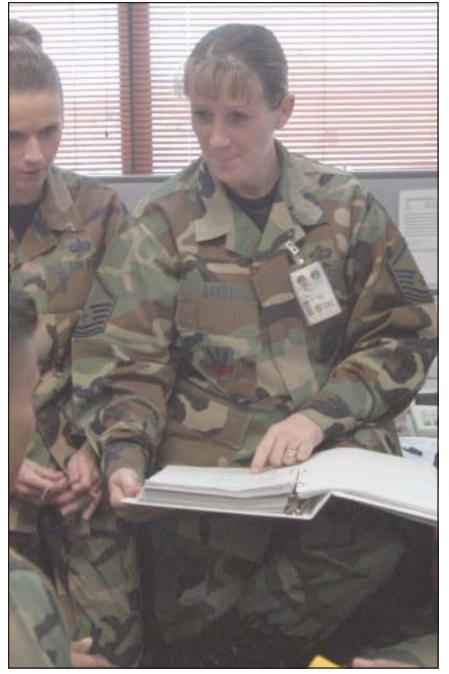


Photo by Ms. Laura Hunt

Air Force's finest

Master Sgt. Karen Gandy (r), 49th Comptroller Squadron chief of customer support, conducts a training session. Sergeant Gandy won the Air Force Financial Management senior NCO of the Year award. Sergeant Gandy deployed to Kuwait where she directed a \$24 million budget.

Commitment to Caring

People can contribute through cash, check, money order or payroll deduction to the following charities:

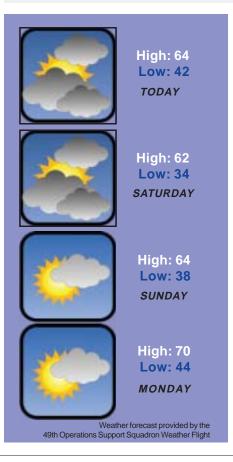
- The Air Force Aid Society. Information is available online at www.afas.org.
- The Air Force Enlisted Village. The Air Force Enlisted Village, located in Fort Walton Beach, Fla. near Eglin Air Force Base, provides rent subsidy and other support to indigent widows and widowers of retired enlisted Airmen 55 and older. More information is available online at www.afenlistedwidows.org.
- The Air Force Village Indigent Widow's Fund. Air Force Village is a life-care community in San Antonio for retired officers, spouses, widows or widowers and family members. The Air Force Village Web site is www.airforcevillages.com.
- The General and Mrs. Curtis E. LeMay



Photo by Airman 1st Class Erik Somppi

Foundation. The foundation provides rent and financial assistance to indigent widows and widowers of officers and enlisted Airmen in their own homes and communities.

The LeMay Foundation Web site is www.info@lemayfoundation.org. Contributions to the AFAF are tax-deductible. For more information, visit afassistancefund.org or the Air Force Personnel Center's Voting and Fundraising Web site at www.afpc.randolph.af.mil/votefund.



DUI Update

Days since last DUI

DUIs this year

.

This week last year

Last six DUIs

• 49 MXS Jan. 21 • 49 OG Feb. 11

• 49 CES Feb. 12

• 49 CS Feb. 14

49 CES Feb. 22GAF March 7

572-RIDE works!

Calls made are lives saved

379 Saves this year

20 Saves this week



Editorial Staff

The SUNBURST is published by Alamogordo Daily News, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Holloman Air Force Base, N.M. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the SUNBURST are not necessarily the official views of, or endorsed by, the U.S. Government, Department of Defense or Department of the Air Force. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Department of the Air Force or Alamogordo Daily News, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliations or

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Thunder roars over the basin in 23 days

by 2nd Lt. Melissa J. Stevens 49th Fighter Wing Public Affairs

After a three-year lull, Holloman brings thunder back to the basin.

Thunder over the Basin, Liberty takes Flight, Holloman's Community Appreciation Day and Open House, is April 17. The main attraction will be an air show.

The air show's feature performances are the Air Force Air Demonstration Squadron, the Thunderbirds, and the Army Parachute Team, the Golden Knights. Both are premier demonstration teams who have fast-paced, action-packed acts.

The Thunderbirds perform precision aerial maneuvers demonstrating the capabilities of a high performance aircraft. A Thunderbirds air demonstration is a mix of formation flying and solo routines.

The Golden Knights perform their trademark precision aerial maneuvers while falling to earth at speeds reaching 120 miles per hour and then landing on target.

The air show will also play host to two Air Combat Command demonstration teams, the F-15 East Coast team and the A-10 West Coast team. There will also be a B-2 power demonstration, a Heritage Flight and an Airpower Demonstra-

tion with the German air force Tornados. Some of the featured civilian aerial acts include Jon Melby, Mike Mangold, the Commemorative Air Force and a MiG-17 flight.

The show gates will open at 8:30 a.m. The main gate will be open for distinguished visitors, air show staff, shuttle buses, performers and media. The west gate, near the golf course, will be open for all base access cardholders and the general public. From the gate, guests will be directed where to park. Handicap parking will be available close to the air show entrance. There will also be a shuttle bus running from the parking lot at



Photo by Tech. Sgt. Sean White

Two Thunderbirds during the arrowhead loop maneuver.

the intersection of US Highways 54 and 70 to the base. There will be no handicap shuttle buses.

For more information, visit

www.holloman.af.mil and click on the Air Show 2005 link or call the 49th Fighter Wing Public Affairs Office at 572-5406.



ORI

Continued from Page 1

16, 1990 was aware of.

Everyone involved, from the Airmen that served those pilots their pre-flight meal and drove them to the aircraft, to the back-shop maintainers ensuring that those F-117s were ready to fly, to the crew chiefs strapping those pilots in their aircraft for that mission, they all knew for certain that it might be the last time they saw those pilots alive. To say they were a little nervous would be a gross understatement. All of those people had one thing in common - a positive attitude; an attitude that they were the very best in the world at what they did and nothing, and I mean nothing, was going to stop them from getting the mission done.

Moreover, these professionals knew their checklists and job procedures inside and out, and when there was something that just didn't seem right, they got the right people involved to fix it.

They didn't believe in shortcuts, and most importantly they had personal discipline that drove them to do the right thing even if it did take a little longer, or that "someone" might be a little miffed mission ever flown.

This attitude of excellence was a silent badge of honor that every person in the F-117 program carried with them in order to get through such a dangerous and stressful night. Their attitudes made the difference, and it's that



We are the President's first choice because no one can do what the F-117 can do and the enemy literally fears us—-as they should."

Brig. Gen. Cichowski49th Fighter Wing commander

at the extra work it created. In the end it just didn't matter because everything these Airmen did, they did it the only way acceptable to combat operations – the right way. It was this attitude that enabled every F-117 pilot to make it home that night from probably the most dangerous

type of attitude that is the very soul of a warrior; doing the right thing when no one is watching because someone's life depends upon it. Today we call that integrity, and character and service before self.

You may ask, why the history lesson? Well, this na-

tion is still at war, and we do still "Own the Night." We will demonstrate that to Air Force senior leaders when Air Combat Command's Inspector General comes back to reevaluate our preparedness to go to war in May.

Each of you is part of the legacy we call "Team Stealth." It's part of something bigger than just being a fuel truck driver, or a crew chief or even a pilot. You're part of a unique capability that is directly responsible for protecting our great nation. The people of this nation depend on each and every one of us to defend them and that is a solemn responsibility you cannot take lightly.

Since that fateful night in 1990, the 49th Fighter Wing and its stealth fighters have been called upon by the past three presidents to initiate combat operations across the globe – we have never let our nation down and we have always accepted that tremendous responsibility with the knowledge that we are the

best. We are the President's first choice because no one can do what the F-117 can do and the enemy literally fears us—as they should.

When we pack up and go somewhere, the world stops and listens because in our wake, we leave a defeated enemy and a safer world. All this is possible because of one thing, the outstanding attitudes of the "Fightin' 49ers." We need to begin work now to be proud of who we are in terms of dress and appearance.

We must show the inspectors how good we are in the execution of our duties. Most of all, we must prove we are ready, willing, and able to fight and protect our great nation.

I look at the Operational Readiness Inspection re-evaluation as an opportunity to show everyone just that and to let our enemies know just one thing; you can run but you can't hide because the "Fightin' Forty-niners" are ready and we do "OWN THE NIGHT."



WOMEN OF MERIT

Committed to excellence

Team Holloman member shines in 49th CS

by Ms. Laura Hunt Sunburst copy editor

Whether Ms. Connie Shipley is managing millions of dollars to meet the goals of the 49th Communications Squadron, preparing Airmen to fight the Global War on Terrorism, volunteering her spare time to help others or spending time with her family, she exemplifies the core values of Integrity First, Service Before Self and Excellence in All We Do.

Ms. Shipley, who has worked as the 49th Communications Squadron resource advisor for four years, said she always goes the extra mile because she wants the best for her squadron.

"The people I work with are wonderful," Ms. Shipley said. "It's easy to be conscientious when you really want the best for them. You want to do what's right."

Connie is the heartbeat of this entire organization—her daily commitment, excellent attitude and personable nature helps everyone in 49th CS attain mission success, everyday."

Maj. Michael Redding 49th CS commander

One instance in which Ms. Shipley excelled was when the 49th CS deployed for the GWOT. The home-station unit provides all the mission-essential gear to deploying members, including steel-toed boots, uniforms and body armor.

"As soon as our 38-person Theater Deployable Communications team received word of their Operation Iraqi Freedom deployment, Connie stepped in to ensure they had everything they needed to ensure mission



Photo by Ms. Laura Hunt

Ms. Connie Shipley was chosen as one of Holloman's Women of Merit.

success," said Maj. Michael Redding, 49th CS commander. "Not only did the gear she purchased for TDC potentially save lives, it also raised troop morale."

Ms. Shipley routinely works long hours to ensure the 49th FW communication needs are met. However, she still finds time to be involved in base and local community organizations. She volunteers for Holloman's Equal Employment Opportunity program and is a member of the Horseman's Association of Southern New Mexico.

"Connie is the heartbeat of this entire organization—her daily commitment, excellent attitude and personable nature helps everyone in 49th CS attain mission success, everyday," Major Redding said. "She consistently works outside of her RA duties and tackles issues and obstacles from every technical discipline in the squadron, making herself available to anyone, anywhere, for any type of assistance. Her amazing work ethic truly creates a riptide of Information Superiority for the 49 FW and Team Holloman's long-term communications infrastructure."

Ms. Shipley said she is very proud to work for the communications squadron.

"They are always behind the scenes," she said. "But, in that capacity, they make a huge impact on Holloman with the great work that they do."

Ms. Shipley said she is also very proud of her family. Her husband, Mike, and twin daughters Bekah and Jennifer have been her biggest blessing, she said.

"Mike and the girls are my rock," Ms. Shipley said. "I couldn't make it without them. They put up with me working long hours, they take care of me and they remind me of what's important."

On the Side

The following people were also nominated as Women of Merit:

- Chief Master Sergeant Frederica McGregor
- Ms. MaryBeth Nassef
- Ms. April Jones
- Staff Sgt. Netha Manby
- Maj. Wendy Murray
- Mrs. Kara M. Noya
- Ms. Sarah L. Thompson
- Ms. Maureen Warner
- Ms. Martha Watson
- Ms. Jennifer Weingaertner

BASE BEAT



The 49th Security Forces Squadron handled the following incidents from March 14 to Monday.

Tickets

Security forces issued two tickets: one for no driver's license and one for expired registration.

Patrol response

• March 18: A civilian reported she was bit by a dog on McKinley Loop.

Property loss, damage or theft

- March 16: There was an accident between two privately owned vehicles on Delaware Avenue.
- March 16: A picture was stolen from JR Rockers.
- March 16: There was an accident at the main gate when a government-owned vehicle hit the concrete barrier.
- March 16: An NCO reported his POV was damaged in the building 588 parking lot.
- March 18: There was an accident between two POVs in the dorm 342 parking lot. One vehicle hit the other while backing up.
- March 19: There was an accident between two POVs in the building 35 parking lot. One vehicle hit the other while backing up.
- March 20: An Airman reported his motorcycle was damaged in the building 337 parking lot.
 - March 21: An Airman re-

ported his motorcycle was damaged in the building 842 parking lot.

• March 21: An Airman reported her POV was damaged in the building 335 parking lot.

ID cards

If personnel have a military issued identification card stolen or lost, or a DD Form 2220 stolen from a vehicle or missing from the squadron's inventory, report it to security forces at 572-7171 immediately.

Reminder

The Veterans Administration and numerous other military affiliated groups have always encouraged separating and retiring personnel to file their DD 214s with their county courthouse. However, by filing a DD 214 with a county courthouse it becomes accessible as a public record and creates vulnerability to identity theft.

The best solution to this problem is to make working copies of the DD 214 and to keep the original in a secure location, such as a safe deposit box at a local bank.

If you have any information concerning any of these incidents, contact security forces at 572-7171 or your first sergeant. For the Crime Stop Help Line, please contact security forces at 572-1100 or dial 911.



CROSSWORD

Hometown USAF (Vol. 1)

1. Texas AFB home to 37th TW; aircraft tail marking of LD

8. Hit

11. Church altar

12. Bar drink

13. German for no

14. Road tax?

16. Elevated part of the Earth

(abbrev.)

18. Postal abbrev. for state home

to 436th AW

19. Automotive maker

22. Former 70-80s band

(abbrev.)

25. Dampens

26. South Dakota AFB home to 28th BW; a/c tail marking of EL

30. Lemon drink

31. Japan AB home to 374th

AW; a/c tail marking of YJ

32. Head cover

33. Immerses

35. Cat call

36. Late night host

37. Zodiac sign

38. Meaning three

41. Conductor

42. Pod vegetable

44. California AFB home to 412th TW; a/c tail marking of

47. Age

49. Actress Laura of *Jurassic*

52. Babylonian measure of

53. California AFB; home to 60th AMW

57. Snack food

58. Lord of the Rings character

59. Impress letter/design on a book cover

60. Nebraska AFB home to 55 WG; a/c tail marking of OF

61. Texas AFB home to 7th BW; a/c tail marking of DY

DOWN

1. Virginia AFB home to 1FW; a/c tail marking of FF

2. Mock

3. CBS show

4. Barbie's mate

5. Model Carol

6. Fmr. Kansas senator

7. Japan AB home to 35th FW; a/ c tail marking of WW

8. Germany AB home to 86th

AW; a/c tail marking of RS

9. Oklahoma AFB home to 97th **AMW**

10. Actor Sean

15. Smell

17. Former Speaker of the House Gingrich

20. RAF marshal in North Africa (1941-43)

21. Largest member of deer fam-

23. Military appreciation paperwork (abbrev.)

24. South Carolina AFB home to 20th FW; a/c tail marking of SW

27. Ancient history

28. Roman sun god

29. Article

34. North Carolina AFB home to 23rd FG; a/c tail marking of FT

35. Little lady

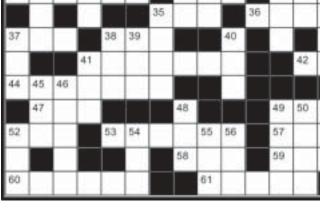
37. Virginia Army fort

38. Road material

39. Color in light spectrum between orange and infrared

40. Male offspring

41. Homo sapien



23

28

43. Tennessee AFB home to **AEDC**

45. NBA coach ____ Harris

46. Who's Afraid of Virginia

48. Street equivalent (abbrev.)

49. Spots

13

26

50. Greek god of love

51. Truck manufacturer

52. Former name for Tokyo

54. Fink

55. State home to 181st FW; aircraft tail marking TH (abbrev.)

56. Pig's pen

Answers on page 16

16

34

43

20

NEWS

National Junior Honor Society inducts its newest members

by Senior Airman Vanessa LaBoy 49th Fighter Wing Public Affairs

The National Junior Honor Society inducted the largest number of students ever at Holloman Middle School Monday night.

These 34 members are part of one of the nation's premier organizations established to recognize outstanding middle school students. More than just an honor roll, both the NJHS and the National Honor Society for high school students honors those students who have demonstrated excellence in the areas of scholarship, leadership, service, character and citizenship. All Honor Society members are expected to maintain the standards that were used as the basis for their selection. This brings the total NJHS membership total at Holloman Middle School to 57, approximately 25 percent of the student body.

According to Holloman's NJHS advisor, Mrs. Linda Pehr, selecting members into the society is an important process.

"Every year, we select and evaluate students on scholarship, service, leadership, citizenship and character," she said. "In the first step of the process, we review the students' academic records to identify those who are scholastically eligible for membership. At Holloman, students must have attained and held a 3.5 grade point

average or higher. The students are then evaluated by school staff on their service, leadership ability and character. It's a high honor to be inducted into the National Junior Honor Society."

The 49th Services Squadron acting commander, Lt. Col. Mark Engeman, was the ceremony's guest speaker.

During his speech, Colonel Engeman stressed academics, athletics and assistance. While touching on the importance of academics, he stressed math in particular.

"Apart from the languages, math applies to everything you do: from balancing a checkbook to calculating the trajectory of a baseball and figuring how far it will go."

Additionally, Colonel Engeman said two other important qualities were being athletic and assisting others.

"Being fit is very important. You don't necessarily have to be in organized sports to be athletic, you can ride a bike, run or swim. What's important is that you do something to keep yourself physically fit and mentally sharp," said Colonel Engeman.

Finally, he discussed the importance of assisting others. "You can assist others by helping in the home, helping in the community and helping your fellow students."

The National Junior Honor Society was established in 1929 and has more than 7,000 chapters in the United States and more than 75 countries.

NJHS inductees

6th Grade

Bryan Barrett
Lauren Cates
Kireina Christensen
Megan Gates
Dylan Juedeman
Hunter Kalin
Shelby Lewis
Jessica Nieto
Jennie Poormon
Meghan Profitt
Garett Tree
Megan Williams

7th Grade

Anthony Hiser Hans Koenig Cody MacLean Roxanne Martinson Trashard Mays Elizabeth Morris Sara Morris Alexandra (Lexy) Nisula Tempest Richardson Brittney Summers-Grant Bria Williams Mariah Williams

8th Grade

Elizabeth Gannaway
Travis Gieger
Andrew Landeza
Courtney Lankford
Jedediah Osborn
Samantha Scardina
Jessica Shaw
Brittany Tolleson
Sara Trickett
Jason Wing



Duty title: Environmental Controls journeyman Time in service: Four years, 9 months **Time at Holloman:** One year, 7 months Hometown: Milwaukee, Wis.

Personal and Career goals: My career goal is to become a command entomologist. My personal goal is to teach high school biology.

What motivates you to be a better Airman?

Creating a work environment so that it makes my troops look forward to coming to work and not seeing it as just any job.

What is your favorite quote?

"No matter where you are in life, enjoy the journey." – John Thomsen

What has been the highlight of your Holloman tour?

I have been given the opportunity early in

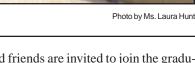
my career to know the feeling of being an NCO in charge of the shop and to teach the true meaning of pest control in the Air Force to my Airmen.

Core value portrayed "Excellence in All We Do":

"Airman Millerd fills the position of NCO in charge of the entomology shop, a position normally held by a technical sergeant. He has stepped up to meet the challenges of being an NCOIC, providing outstanding leadership to four Airman Millerd can be proud to know that his efforts play a key role in the continuing success of the 49th CES."

> - Lt. Col. David DeMartino 49th CES commander

ily and friends are invited to join the graduload on these tunnels with children in ates. Uniform requirement is duty uniform. For more information, call 572-5860.



Briefs

Air show booth sign up

Organizations or squadrons interested in signing up for a booth for the 2005 Air Show must call Ms. Pam Geiger at 572-7533 before April 1. Every effort will be made to assign booths to base organizations equally. All interested organizations must have liability insurance or must waive liability insurance.

Other rules and stipulations apply. For more information call Ms. Geiger.

Volunteers needed

Volunteers are needed as Collateral Duty Mediators. Selected individuals may be required to work up to 20 percent of their official duty time. The following qualities are required: demonstrated patience, empathy, impartiality, creativity, competence and a positive attitude. Required Air Force training will be provided to those individuals selected for this challenging opportunity. For more information, call Ms. Barbara Swisher, ADR champion, at 572-7330.

Dangerous dirt piles

The Holloman Hero submission form is available online. It can be downloaded at: https://

wwwmil.holloman.af.mil/wing/49FW_PA/internal.html

Some children in base housing are playing in the dirt piles in the southside area of the compound behind Valencia Loop.

The tunnels the kids are digging might cave in, or the trucks might dump their them. Parents should let their children know to stay away from these dirt piles.

Women's history events

• Building a Career Portfolio: 11 a.m. to 12:30 p.m., Thursday at the chapel annex. R.S.V.P. at 572-7754.

ALS

Airman Leadership School Class 05-D has a graduation banquet at 6 p.m., Tuesday in the Oasis Enlisted Club ballroom.

The ALS Class 05-D graduation retreat is 2:15 p.m., Monday in the dorm mall area behind building 339. Commanders, first sergeants, supervisors, spouses, fam-

BOn the SIG SCREEN

Son of Mask (PG)

6 p.m., today

Aviator (PG-13)

6 and 9 p.m., Saturday

Passion of the Christ (R)

6 p.m., Sunday

RED HORSE saves Holloman nearly \$1.5 million



Photos by Senior Airman Vanessa LaBov

Senior Airman Tommy Zemanik uses an edger to push all of the aggregate down and give us a perfect joint with only "concrete paste" on top. This ensures no spalling in the future if the aggregate were to start to come out of the joint.



Courtesy photo

by Senior Airman Vanessa LaBoy 49th Fighter Wing Public Affairs

Twenty-four members of the 819th RED HORSE Squadron from Malmstrom Air Force Base, Mont. are TDY here helping save Holloman nearly \$1.5 million, by performing over \$2M worth of Troop Training Projects. The team is comprised of members from six AFSCs, including services and vehicle maintenance in addition to traditional civil engineers.

During their threemonth trip to the desert, members of the Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer team are working on seven construction projects around Holloman including milling and installing barriers on the runway, constructing a bypass road at the West Gate, and several other asphalt and concrete projects around the base.

According to Capt. JB Byrnes, Team OIC, when they are not deployed ACC funds Troop Training Projects where they go to a base and perform construction work that is similar to what they might be called upon to do in time of war. The funding supplied by ACC is in addition to normal CE funding provided to the base and is essentially extra work that otherwise would not have been funded. A base will typically have a RED HORSE team come for training once every five years however, this is dependent on what projects are on the RED HORSE list and what deployment taskings they are supporting at the time.

"RED HORSE works closely with base civil engineers to identify requirements and determine the best solution that will not only give us the required training, but also give the base what it needs," said Captain Byrnes. "The equipment and training in a RED HORSE

Squadron are geared toward larger scale projects than the CE operations flight can perform given the difficult schedules they must manage just maintaining base infrastructure. Our team is more like a group of contractors who are here to do a specific set of work in a given amount of time with very little going on off the job site."

The RED HORSE mission is to provide rapidly deployable heavy construction teams that are on call to perform airfield repair work when contractors cannot respond quickly enough or conditions are too hostile for non-military personnel. The average number of temporary duty assignment days for a RED HORSE Squadron member is 150 to 220 days per year with a six-month rotation to Southwest Asia every 18 months.

The Team expects to complete their mission here and return to their families at Malmstrom by April 25 having done their part to keep the airfield operational for many years to come.



Right to left: Staff Sgt. Vince Schuyler, power production specialist, Senior Airman Jarvis Reyes, 2nd Lt. Rob Loniewsky, project engineer, Senior Airman Derek Gifford and Senior Airman Paul Mitchel are placing the concrete in front of the screed to prevent low or high spots that will cause the screed to make the concrete uneven.

Members of the 819th milling crew work in constant communication to remain in line and ensure accurate cutting depth.

49th Medical Group Laboratory Element Testing the health of Team Holloman



Photos by Airman 1st Class Erik Somppi

Staff Sgt. Joseph V. Noya II examines a microbiology plate to determine if a patient has a throat infection. Specimen collected at the lab are either tested there or sent to another location for testing.



Staff Sgt. Katrina Pendleton performs a venapucture on Staff Sgt. Joseph V. Noya II to obtain blood for clinical laboratory testing. The lab tests different body fluids to help healthcare providers come to a decision about how to diagnose and treat patients.



Senior Airman David Young tests a urine sample in the laboratory to determine if there are any abnormalities, such as bacteria, being excreated. This type of testing helps providers determine if there is urinary tract or renal malfuction.

Team Holloman doctor wins Physician of the Year

by 2nd Lt. Melissa J. Stevens 49th Fighter Wing

Public Affairs

The staff at Gerald Champion Regional Medical Center named Capt. (Dr.) Patrick Thompson as the Physician of the Year.

Captain Thompson runs the satellite clinic at the medical center and keeps the hospitalist program up and running.

"I don't think [the staff] could have chosen a better person to receive this award," said Mr. Carl Mantey, Chief Executive Officer of Gerald Champion. "He's a pleasure to work with, and he's just been a great physician." Col. Matt Adkins, the 49th Medical Group commander, said the 49th Medical Group and GCRMC have the best working relationship he's seen in 26 years in military medicine.

"Our shared venture benefits both the military and civilian communities," he said. "Our physicians are members of the GCRMC medical staff and work side-by-side with GCRMC employees to care for military beneficiaries, active duty, retired and family members."

"It is indeed an honor for Dr. Thompson to be recognized by his peers and co-workers at GCRMC," said Colonel Adkins. "Dr. Pat, as he is known by the GCRMC staff, embodies the true spirit of coop-

eration we envisioned when we entered this shared venture."

Captain Thompson said receiving the award is humbling.

"I feel very fortunate to be in the position that I am where the work environment is so great. When I got here the wing, the medical group and the staff at the hospital had already developed this great working relationship where they consider themselves a team," he said. "When we work in the hospital it's not like we're military working in a civilian hospital, we actually feel like a part of the hospital staff. They really make us feel like every other doctor. That acceptance from the staff and the nurses is just wonderful. I'm very blessed just to have the support I have."

He said being a doctor is what he loves to do.

"I get to do what I do every day and enjoy it and [the hospital staff] makes my life so much better," Captain Thompson said. "I'm honored that they selected me."

Captain Thompson said he likes to think the award reflects more the relationship between the base, the

hospital and all the other Air Force doctors who work out there.

"We all get along with the staff and work hard to take care of our patients. So, I think it's more of a patient care award than anything else," he said. "The priority is to take care of the patient, that's the most important thing we do. You do everything else behind that to make sure the patient gets the best care. I think the Air Force doctors in general who come out here work very hard to take very good care of our patient population, and I think that it's seen by the other physicians and the staff at the hospital."

The priority is to take care of the patient. That's the most important thing we do"

Capt. Pat Thompson
49th MDG Satellite clinic, OIC





Photo by 2nd Lt. Melissa J. Stevens

Phantoms Phorever

Lt. Col. Mark Buccigrossi, 49th Fighter Wing deputy vice commander and former 20th Fighter Squadron commander, unveils a new addition to the 49er Bar in the officers' club March 18 with the help of Mr. Tim Rabon (not shown), owner of Mesa Verde Enterprises, Inc. They removed the tail from the aircraft body at the Oscura Bombing Range complex. The aircraft was assigned to the 20th Fighter Squadron from 1996 until it was decommissioned in 2000 and was donated to the club bar to show the 20th FS's appreciation to the 49th FW during their tenure here.

HOSC Thrift Shop

The Holloman Officers' Spouses' Club Thrift Shop will be closed March 29 and 31. The last day items will be accepted for consignment is April 19.

Normal operating hours are 10 a.m. to 2 p.m., Tuesdays and Thursdays. Consignments are accepted from 10 a.m. to noon only. The store will be open from 10 a.m. to 1 p.m., April 16.

The store will be open from 10 a.m. to 1 p.m., April 16.

Electronic 332

The 49th Civil Engineer Squadron has created an electronic 332 (work request) process. To access this system, begin by opening the Holloman Web page https://hollomanweb/#.

Go to "Mission Support Group" and select "Civil Engineer Squadron." Select "Operations." Select "Facility Manager Form 332 Submissions."

Once form is filled out, click "e-mail" on the top of the

page and send the completed document to "49CES Customer Service" mailbox. Before you hit "send," confirm the e-mail is digitally signed so they can confirm senders identification. For more information, call Senior Airman Reshon Wilburn at 572-3223 or 572-3224.

Education hours

Base Training and Education Services located in room 203 of building 224 has expanded the walk in hours to 7:30 a.m. to 1:30 p.m. and 3:30 p.m. to 4 p.m., Monday through Friday. Walk in hours for other counseling are 8:30 a.m. to 1:30 p.m., Monday through Friday. Appointments will be made for fifteen minutes from 1:30 p.m. to 3:30 p.m., Monday through Friday.

Anyone whose schedule prevents them from coming during these hours should call Mr. Velmo Holm at 572-3971.

CAC

The commander's access chan

nel, cable channel 3, offers upto-date information about current security conditions, closures on base, hours of various programs on base and community information about what programs and events are available at Holloman and in the local area. The CAC also features the following videos today to Thursday:

- Stealth Secrets: 7 a.m., 10 a.m., 1 p.m., 4 p.m., 9 p.m.
- OSI Recruiting Video: 8 a.m., 11 a.m., 2 p.m., 5 p.m., 8 p.m.
- This is White Sands: 9 a.m., noon, 3 p.m., 7 p.m., 8:30 p.m.

Summer Splash

Holloman Primary Parent Teacher Advisory Council has a Summer Splash Day at the school on May 24. The event will be used to encourage water conservation/water events for the children. Any organizations interested in participating should call Ms. Karenanne Graves at 479-1520, Ms. Cleo MacDonald at 479-1226 or Mr. Jerry Lott at 479-6122.

BRIEFS

Briefs

Mexico restrictions

The 49th Fighter Wing commander has declared Nuevo Laredo, Mexico "off limits" to Holloman active duty military personnel until May 1, 2005. Personnel traveling to Ciudad Juarez, Mexico, are advised to practice extra caution. This declaration is due to the State Department warning of excessive criminal activity and kidnappings along the Mexican border due to illegal drug trade

For more information, call the U.S. Consulate in Ciudad Juarez, Mexico at (656)613-1655, or visit the State Department Web site at http://travel.state.gov.

Chapel

Lenten and Easter schedule: *Catholic*

- 11:30 a.m. Mass canceled, today (Good Friday)
- Celebration of Lord's Passion: 3 p.m., today (Good Friday)
- Easter Vigil Mass: 8 p.m., Saturday (Holy Saturday)
- Mass: 9 a.m., Sunday (Easter Sunday)
- CCD and 5 p.m. Mass canceled, Sunday

Protestant

- •Good Friday Service: 7 p.m., Friday
- Easter Sunrise Service: 6 a.m., Sunday at White Sands Area 6 (Easter Sunday)
- Easter Sunday Service: 11 a.m., Sunday (Easter Sunday)

Maintenance class

Housing Maintenance, with assistance from Home Depot, is sponsoring a screwdriver maintenance class at the self-help store from 10 a.m. to 1 p.m., April 9. The class is open to all residents who live in military family housing. There will also be a workshop available for children ages 4 to 13 by Home Depot.

There will be licensed supervision for the younger children while the parents attend the class.

Sign up at the self-help store, building 2395, housing maintenance, building 93, or at the housing office, building 71.

There will be a raffle for gifts after the class. For the attendees, there will be hot dogs and sodas. In addition, the first batch of flowers will be available for issue right after the maintenance class has concluded.

For more information or to sign up by phone, call 572-5784.



Basin Briefs

Windy season

During the windy season of March through May winds can occasionally gust to 45 mph. With White Sands National Monument located to our west, these winds can blow sand and dust over our area for hours at a time. This can reduce the visibility to less than three miles and ruin most of our outdoor activities.

- During high winds, stay clear of trees and power lines. Take precautions to keep outside items from blowing about.
- Don't drive at high speeds. A sudden gust can cause you to lose control of your vehicle. Be prepared for sudden decreases in visibility.
 - If you are outside, wear sun-

glasses to prevent injury to your eyes from blowing sand or dust.

Senior Olympics

The Local Senior Olympic games competition will be held April 21 to 27. Registration will be April 1 to 14 at the Alamo Senior Center, 2201 Puerto Rico Ave., Alamogordo. Anyone age 50 (as of Aug. 3, 2005) or older is eligible to compete. There are 25 different sport categories, and many events within each category. An athlete must qualify locally in order to attend the New Mexico State Games in Albuquerque Aug. 3 to 7.

For more information, call the Alamo Senior Olympic Coordinator at 439-4150.

Shooting match

The Otero Practical Shooting Association has a Practical

Shooting Match at 9 a.m., Sunday at the Sidney Paul Gordon Shooting Range located at 19 Rock Cliff Road, northeast of La Luz. All four stages will be USPSA qualifiers. Sign up is at 8:30 a.m. The match is open to the public. Match participants will need a centerfire handgun of 9mm/38 or larger, holster, and spare magazines or speedloaders. Approximately 100 pistol rounds will be required. For more match information, call Mr. Butch Rials at 437-3663. For information regarding the shooting range, contact Range Master Jay Frost at 443-9006. For a map, see the Web site www.opshooter.org.

Volunteers needed

Volunteers are needed for the Goddard Days Science Festival April 6 to 8 at the Yucca Recreation Center in Roswell, N.M. Volunteers are needed to help with exhibits, demonstrations and class presentations.

For more information, call Ms. Cymantha Liakos at (505) 623-6586 or (505) 910-5769 (cell) or e-mail maggy1963 @msn.com

Softball

Games in the Alamogordo Softball League are May through July. Men's teams play Monday and Wednesday and women's teams play Tuesday and Thursday.

To sign up a team, call Mr. Wes Johnson at 437-5686 or 442-6548.

Easter in the Park

There is an Easter in the Park parade at 10 a.m., March 26 in the City Hall parking lot to Washington Park in Alamogordo. There will be free games and an Easter Egg Hunt in Washington Park after the parade until noon. The first 94 people age 18 and over to register at the 94KEY booth after the parade by 11:30 a.m. will have a chance to win prizes from area businesses.

For more information, call 439-4142.

Cherry festival

The 2005 High Rolls Cherry Festival is 9 a.m. to 5 p.m. June 18 and 19 at the High Rolls Community Center. There will be local cherries, over 60 arts/crafts venders, food and drinks, local entertainment and children's activities. Parking and admission are free.

For more information, visit www.highrollsfestivals.com, or call (505) 682-1151.

NATIONAL NUTRITION MONTH

- · Drink a glass of water a few minutes before you sit down to eat
- · Eat slower to give your stomach time to tell you that you're full
- · Slowly cut back the size of your portions
 - Serve food on smaller plates
 - Don't go back for seconds
- · Choose low-calorie, low-fat foods

- · Fill up on fruits and veg-
- · Limit alcohol and sugar intake
- Eat fewer breaded and fried foods
 - Remove skin from poultry
 - Trim excess fat from meat
- Beware of sauces and dressing

Healthy highlights

Body mass index table

Your ideal body weight is a function of your age, gender, body build and the amount of body fat. The BMI has been developed as a simple guide that factors in all of these considerations. The higher your BMI score, the greater your risk for weight-related health problems. To determine your score, find your height at the left, then move across to your weight. Your BMI score is at the top of the column. If your BMI falls below normal or into the overweight obese range, your weight may put you at risk for health problems.

Choose CUT Calories			
Instead of	Choose		
Chocolate bar	Apple		

200 calories 80 calories **Pretzels** Potato chips 304 calories 216 calories 4 Graham crackers 3 chocolate chip cookies 200 calories 120 calories Cheeseburger Hamburger plain 608 calories 426 calories Sausage, egg and biscuit 581 calories 295 calories

Bagel with cream cheese Soda 12 oz. Bottled water 12 oz. 152 calories 0 calories People can lose an average of one pound per week by cut-

			Norr	mal				Ove	rweight			Obese
BMI	19	20	21	22	23	24	25	26	27	28	29	30+
5'0" 5'1" 5'2" 5'3" 5'4" 5'5" 5'6" 5'7" 5'8" 5'10" 5'11" 6'0"	97 100 104 107 110 114 118 121 125 128 132 136 140	102 106 109 113 116 120 124 127 131 135 139 143 147	107 111 115 118 122 126 130 134 138 142 146 150 154	112 116 120 124 128 132 136 140 144 149 153 157 162	118 122 126 130 134 138 142 146 151 155 160 165 169	123 127 131 135 140 144 148 153 158 162 167 172	128 132 136 141 145 150 155 159 164 169 174 179 184	133 137 142 146 151 156 161 166 171 176 181 186 191	138 143 147 152 157 161 167 172 177 182 188 193 199	143 148 153 158 163 168 173 178 184 189 195 200 206	148 153 158 163 169 174 179 185 190 196 202 208 213	153+ 158+ 164+ 169+ 174+ 180+ 186+ 191+ 197+ 203+ 209+ 215+ 221+

Source: National Heart, Lung and Blood Institute

ting 500 calories a day.

SPORTS



GAF vs RAF

Left to right: German air force player Oliver Brungs and Royal air force player Barry McEvoy run toward the ball during GAF's 7-2 win over the RAF Tuesday across from the Fitness and Sports Center.



Volleyball Standings

Large Unit

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<u>Team</u>	<u>Win</u>	Loss		
49 MMG	10	2		
GAF	10	2		
49 MDG	6	6		
49 MXS	5	7		
49 CES	3	9		
49 LRS	1	11		
(Current as of March 17)				

Small Unit

Team 49 OSS 49 MSS 49 CS 49 MOS/4 SPCS 49 SVS	Win 9 9 9 5 3	Loss 3 3 3 7 9
49 SVS 46 TG	3 1	9
40 10		

(Current as of March 17)

Volleyball Schedule

Small Unit - Monday

Court 1

Loss	5:30 p.m.: 49 OSS vs 49 CS
2	6:30 p.m.: 46 TG vs 49 MSS
2	7:30 p.m.: 49 SVS vs 49 MOS/
6	4SPCS
7	Court 2
9	5:30 p.m.: 49 MSS vs 49 SVS
11	6:30 p.m.: 49 OSS vs 49 MOS/
	4SPCS

7:30 p.m.: 46 TG vs 49 CS

Large Unit - Tuesday

Court 1

5:30 p.m.: 49 CES A vs GAF 6:30 p.m.: 49 MDG vs 49 MXS 7:30 p.m.: 49 LRS vs 49 MMG Court 2 5:30 p.m.: 49 MDG vs 49 LRS

6:30 p.m.: 49 CES A vs 49 MMG

7:30 p.m.: GAF vs 49 MXS